

professional women of the finger lakes

Women of Distinction Awards

2025 NOMINATION FORM - WOMEN HELPING WOMEN CATEGORY:

A woman who acts as a special light to other women. She mentors, promotes, supports, and encourages. She may advocate on another's behalf, teach, or guide. She believes in the potential of women and inspires them to reach their individual goals.

These awards recognize, encourage, and celebrate outstanding women who have made a significant impact and demonstrated excellence in the WOMEN HELPING WOMEN category. Please select and fill out the form for the MOST APPROPRIATE category for your nominee.

Title or Position:
Company:
Business Mailing Address:
City, State, Zip:
Business Phone:
Home Phone:
Email:

NOMINATOR:

NOMINEE:

Name:

Name of Nominator:

Phone:

Date Submitted:

Nominator Mailing Address:

City, State, Zip:

Email:

Please completely answer each question on the bottom of this form. To ensure that we have all pertinent information, please ask the nominee to review the information before submission.

Email the completed form to: pwflnys@gmail.com

1)	How has your nominee lifted up other women along their journey? We'd love to hear about her support, mentorship, or advocacy.
2)	What special approach or qualities make your nominee so wonderful at empowering other women?
3)	Can you share a story or two about women whose lives have been brightened by your nominee's guidance or support?
4)	In what ways has your nominee helped create opportunities or remove obstacles for other women?
5)	What positive changes for women has your nominee helped nurture in our community?
6)	If you could describe this amazing woman in just one word, what would it be?

Recipients for each of the Women of Distinction Awards will be honored June 5th, 2025, 5:30PM at Ravenwood Golf Club in Victor, NY at the Professional Women of the Finger Lakes Women of Distinction Awards & Scholarship Dinner.

Submit completed online form to: pwflnys@gmail.com
The Professional Women of the Finger Lakes
P.O. Box 423
Canandaigua, NY 14424

Forms must be received **NO LATER THAN** May 2, 2025.